



**The Wounded Heart**  
**The Whinburg Township Amish**  
**Book 1**



**by Adina Senft**

# Book Group Discussion

Amelia, Emma, and Carrie have been best friends since childhood and talk everything out with one another. Do you have relationships like this in your life?

What kinds of things do you talk about with your closest friends? What do you keep to yourself?

Amelia's parents, Isaac and Ruth Lehman, keep strictly to the old ways. Do you think it was difficult for them to advise Amelia to stick to the tried and true in her treatment?

The bishop advises Amelia to stay home for traditional treatment and not to try anything new, even though it might have helped her. If you had been in Amelia's position, what might you have done?

Amelia's greatest struggle is with independent thinking in a community that values humility of mind and obedience. Was she successful in curbing her independence?

The Amish believe that the woman's place is in the home. What did you think of the way Amelia ran both her husband's shop and her home?

Why did Amelia turn down Eli Fischer's offer of help?

The Amish put greater value on what people do than what they say. Are you someone who talks things out, or do you tend to go straight into action?

Emma struggles with being single, and Carrie struggles with being childless. If you have experienced either of these struggles, how did you handle it?

If you had a chance to live as the Amish do for one week, without electricity or cars and always in submission to authority, would you do it? Why or why not?